

# Lap Lane Availability

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice. Also note, that during School Holidays due to high patronage the Gentle Exercise Lane may not be available.

## Program Pool (25m) 02/02/2026 – 08/02/2026

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5.30am–6am	4	4	4	4	4	Closed	Closed
6am–7am	4	4	4	4	4	Closed	Closed
7am–8am	3	4	4	3	3	4	4
8am–9am	3	2	2	3	3	1	1
9am–10am	1	1	1	1	1	1	1
10am–11am	1	1	1	1	1	1	1
11am–12pm	1	1	1	1	1	1	1
12pm–1pm	1	1	1	1	1	1	1
1pm–2pm	2	3	3	2	1	3	3
2pm–3pm	2	3	3	2	2	4	3
3pm–4pm*	1	1	1	1	1	3	3
4pm–5pm	1	1	1	1	1	4	4
5pm–6pm	1	1	1	1	1	4	4
6pm–7pm	1	1	1	1	1	4	4
7pm–7:30pm	4	3	2	4	3	4	4
7:30pm–8:30pm	4	4	4	4	4	Closed	Closed
8:30pm–9.30pm	4	4	4	4	4	Closed	Closed

\*Lap lanes will be changed at approx. 3.15pm in preparation for programming

The Program pool will be unavailable for public swimming from 9am–3pm during school carnival times. The 50m pool will still be available for lap swimming pending school booking.

# Lap Lane Availability

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice. Also note, that during School Holidays due to high patronage the Gentle Exercise Lane may not be available.

## Program Pool (25m) 09/02/2026 – 15/02/2026

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5.30am–6am	4	4	4	4	4	Closed	Closed
6am–7am	4	4	4	4	4	Closed	Closed
7am–8am	3	4	4	3	3	4	4
8am–9am	3	Closed	2	Closed	3	1	1
9am–10am	1	Closed	1	Closed	2	1	1
10am–11am	1	Closed	1	Closed	1	1	1
11am–12pm	1	Closed	1	Closed	1	1	1
12pm–1pm	1	Closed	1	Closed	1	1	1
1pm–2pm	2	Closed	3	Closed	1	3	3
2pm–3pm	2	Closed	3	Closed	2	4	3
3pm–4pm*	1	1	1	1	1	3	3
4pm–5pm	1	1	1	1	1	4	4
5pm–6pm	1	1	1	1	1	4	4
6pm–7pm	1	1	1	1	1	4	4
7pm–7:30pm	4	3	2	4	3	4	4
7:30pm–8:30pm	4	4	4	4	4	Closed	Closed
8:30pm–9:30pm	4	4	4	4	4	Closed	Closed

\*Lap lanes will be changed at approx. 3.15pm in preparation for programming

The Program pool will be unavailable for public swimming from 8:30am–2:30pm during school carnival times. The 50m pool will still be available for lap swimming pending school booking.

# Lap Lane Availability

## Competition Pool (50m) 02/02/2026 – 08/02/2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>5.30am–6am</b>	6x50m	16x25m	6x50m	16x25m	6x50m	<b>Closed</b>	<b>Closed</b>
<b>6am–7am</b>	6x50m	16x25m	6x50m	6x25m	6x50m	<b>Closed</b>	<b>Closed</b>
<b>7am–8am</b>	8x50m	16x25m	4x50m	9x25m	4x50m	8x25m	16x25m
<b>8am–9am</b>	16x25m <b>Transition to 25m</b>	14x25m	16x25m <b>Transition to 25m</b>	16x25m	16x25m	8x25m	16x25m
<b>9am – 10am</b>	9x25m	14x25m	10x25m	10x25m	10x25m <b>Transition to 25m</b>	4x25m	10x25m
<b>10am–11am</b>	10x25m	13x25m	16x25m	13x25m	16x25m	4x25m	12x25m
<b>11am–12pm</b>	16x25m	13x25m	16x25m	13x25m	16x25m	4x25m	14x25m
<b>12pm–1pm</b>	16x25m	13x25m	16x25m	13x25m	7x25m	8x25m	14x25m
<b>1pm–2pm</b>	16x25m	13x25m	14x25m	13x25m	7x25m	8x25m	16x25m
<b>2pm–3pm</b>	16x25m	13x25m	16x25m	16x25m	7x25m	8x25m	16x25m
<b>3pm–4pm*</b>	14x25m	7x25m	16x25m	14x25m	16x25m	8x25m	16x25m
<b>4pm–5pm</b>	4x25m	4x25m	8x25m	9x25m	8x25m	8x25m	14x25m
<b>5pm–6pm</b>	4x25m	5x25m	8x25m	4x25m	8x25m	8x25m	10x25m
<b>6pm–7pm</b>	16x25m	16x25m	11x25m	8x25m	11x25m	16x25m	16x25m
<b>7pm–7:30pm</b>	5x25m	9x25m	16x25m	6x25m	16x25m	16x25m	16x25m
<b>7:30pm–8:30pm</b>	13x25m	14x25m	16x25m	8x25m	16x25m	<b>Closed</b>	<b>Closed</b>
<b>8:30pm–9.30pm</b>	16x25m	16x25m	16x25m	8x25m	16x25m	<b>Closed</b>	<b>Closed</b>

### Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.

# Lap Lane Availability

## Competition Pool (50m) 09/02/2026 – 15/02/2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
<b>5.30am–6am</b>	6x50m	16x25m	6x50m	16x25m	6x50m	<b>Closed</b>	<b>Closed</b>
<b>6am–7am</b>	6x50m	16x25m	6x50m	6x25m	6x50m	<b>Closed</b>	<b>Closed</b>
<b>7am–8am</b>	8x50m	16x25m	4x50m	9x25m	4x50m	8x25m	16x25m
<b>8am–9am</b>	16x25m <b>Transition to 25m</b>	14x25m <b>(8:30AM close)</b>	16x25m <b>Transition to 25m</b>	14x25m <b>(8:30AM close)</b>	16x25m	8x25m	16x25m
<b>9am –10am</b>	9x25m	<b>Closed</b>	10x25m	<b>Closed</b>	10x25m <b>Transition to 25m</b>	4x25m	10x25m
<b>10am-11am</b>	10x25m	<b>Closed</b>	14x25m	<b>Closed</b>	16x25m	4x25m	12x25m
<b>11am-12pm</b>	16x25m	<b>Closed</b>	14x25m	<b>Closed</b>	16x25m	4x25m	14x25m
<b>12pm–1pm</b>	16x25m	<b>Closed</b>	16x25m	<b>Closed</b>	16x25m	4x25m	14x25m
<b>1pm–2pm</b>	16x25m	<b>Closed</b>	14x25m	<b>Closed</b>	16x25m	4x25m	13x25m
<b>2pm–3pm</b>	16x25m	<b>Closed</b>	16x25m	<b>Closed</b>	16x25m	8x25m	13x25m
<b>3pm–4pm*</b>	14x25m	7x25m	16x25m	14x25m	16x25m	8x25m	13x25m
<b>4pm–5pm</b>	4x25m	4x25m	8x25m	9x25m	8x25m	8x25m	14x25m
<b>5pm–6pm</b>	4x25m	5x25m	8x25m	4x25m	8x25m	8x25m	10x25m
<b>6pm–7pm</b>	16x25m	16x25m	11x25m	8x25m	11x25m	16x25m	16x25m
<b>7pm-7:30pm</b>	5x25m	9x25m	16x25m	4x25m	16x25m	16x25m	16x25m
<b>7:30pm-8:30pm</b>	14x25m	14x25m	16x25m	8x25m	16x25m	<b>Closed</b>	<b>Closed</b>
<b>8:30pm-9.30pm</b>	16x25m	16x25m	16x25m	8x25m	16x25m	<b>Closed</b>	<b>Closed</b>

### Lap Lane Etiquette

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# Lap Lane Availability

## Hydrotherapy Pool 02/02/2026 – 08/02/2026

Hydrotherapy pool is subject to a capacity of 12 persons per swim session, which is subject to change as users book in. Bookings through Active World are essential.

Time	Mon	Tue	Wed	Thurs	Fri	Time	Sat	Sun
5.30am–6:30am	12	12	12	12	12		Closed	Closed
6:30am–7:30am	12	12	12	12	12		Closed	Closed
7:30am–8:30am	12	12	12	12	12	7-8am	12	12
8:30am–9:30am	12	12		12		8-9am	12	12
9:30am–10:30am						9-10am		12
10:30am–11:30am						10-11am		12
11:30am–12:30pm			12		10	11-12pm		12
12:30pm–1:30pm			12		12	12-1pm	9	12
1:30pm–2:30pm			10		12	1-2pm	9	12
2:30pm–3:30pm		12		12		2-3pm	9	12
3:30pm–4:30pm						3-4pm	12	12
4:30pm–5:30pm						4-5pm	12	12
5:30pm–6:30pm	12		12			5-6pm	12	12
6:30pm–7:30pm	12	12	12	12		6-7pm	12	12
7:30pm–8:30pm	12	12	12	12	12		Closed	Closed
8:30pm–9.30pm	12	12	12	12	12		Closed	Closed

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# Lap Lane Availability

## Hydrotherapy Pool 09/02/2026 – 15/02/2026

Hydrotherapy pool is subject to a capacity of 12 persons per swim session, which is subject to change as users book in

Time	Mon	Tue	Wed	Thurs	Fri	Time	Sat	Sun
5.30am–6:30am	12	12	12	12	12		Closed	Closed
6:30am–7:30am	12	12	12	12	12		Closed	Closed
7:30am–8:30am	12	12	12	12	12	7-8am	12	12
8:30am–9:30am	12			12		8-9am	12	12
9:30am–10:30am						9-10am		12
10:30am–11:30am						10-11am		12
11:30am–12:30pm		12			10	11-12pm		12
12:30pm–1:30pm			12		12	12-1pm	9	12
1:30pm–2:30pm			10		12	1-2pm	9	12
2:30pm–3:30pm				12		2-3pm	9	12
3:30pm–4:30pm						3-4pm	12	12
4:30pm–5:30pm						4-5pm	12	12
5:30pm–6:30pm	12		12			5-6pm	12	12
6:30pm–7:30pm	12	12	12	12		6-7pm	12	12
7:30pm–8:30pm	12	12	12	12	12		Closed	Closed
8:30pm–9.30pm	12	12	12	12	12		Closed	Closed

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