Lap Lane Availability

Program Pool (25m) 09/11/2026 – 15/11/2026

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5.30am–6am	4	4	4	4	4	Closed	Closed
6am–7am	4	4	4	4	4	Closed	Closed
7am–8am	3	4	4	3	3	4	4
8am–9am	3	3	3	3	3	1	1
9am–10am	3	1	1	1	1	1	1
10am–11am	0	1	1	0	1	1	1
11am–12pm	0	1	1	0	1	1	1
12pm–1pm	1	1	1	1	1	1	1
1pm–2pm	1	1	1	1	1	3	3
2pm–3pm	2	2	2	2	2	4	3
3pm–4pm*	1	1	1	1	1	3	3
4pm–5pm	1	1	1	1	1	4	4
5pm–6pm	1	1	1	1	1	4	4
6pm–7pm	1	1	1	1	1	4	4
7pm–7:30pm	4	3	3	3	4	4	4
7:30pm–8:30pm	4	4	4	4	4	Closed	Closed
8:30pm–9.30pm	4	4	4	4	4	Closed	Closed

***Lap lanes will be changed at approx. 3.15pm in preparation for programming**

The Program pool will be unavailable for public swimming from 9am–3pm during school carnival times. The 50m pool will still be available for lap swimming pending school booking.
Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice. Also note, that during School Holidays due to high patronage the Gentle Exercise Lane may not be available.

Lap Lane Availability

Competition Pool (50m) 09/11/2026 – 15/11/2026

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am–6am	6x50m	16x25m	6x50m	16x25m	6x50m	Closed	Closed
6am–7am	6x50m	16x25m	6x50m	16x25m	6x50m	Closed	Closed
7am–8am	8x50m	16x25m	4x50m	16x25m	4x50m	8x25m	16x25m
8am–9am	16x25m Transition to 25m 8:30am	15x25m	14x25m Transition to 25 8:30am	14x25m	5x50m Transition to 25 9:00am	8x25m	15x25m
9am – 10am	13x25m	12x25m	12x25m	8x25m	14x25m	4x25m	12x25m
10am–11am	12x25m	15x25m	12x25m	12x25m	14x25m	4x25m	12x25m
11am–12pm	14x25m	15x25m	12x25m	12x25m	14x25m	7x25m	15x25m
12pm–1pm	14x25m	14x25m	12x25m	12x25m	16x25m	7x25m	15x25m
1pm–2pm	14x25m	14x25m	12x25m	12x25m	16x25m	9x25m	16x25m
2pm–3pm	16x25m	16x25m	16x25m	16x25m	16x25m	16x25m	13x25m
3pm–4pm*	14x25m	7x25m	16x25m	14x25m	16x25m	13x25m	13x25m
4pm–5pm	4x25m	4x25m	8x25m	9x25m	8x25m	13x25m	14x25m
5pm–6pm	4x25m	4x25m	8x25m	4x25m	8x25m	10x25m	10x25m
6pm–7pm	16x25m	4x25m	11x25m	6x25m	11x25m	16x25m	16x25m
7pm–7:30pm	5x25m	9x25m	8x25m	6x25m	16x25m	16x25m	16x25m
7:30pm–8:30pm	8x25m	10x25m	8x25m	8x25m	16x25m	Closed	Closed
8:30pm–9.30pm	8x25m	16x25m	16x25m	8x25m	16x25m	Closed	Closed

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.
This will ensure all centre users can experience the best possible visi

Lap Lane Availability

Hydrotherapy Pool 09/11/2026 – 15/11/2026

Hydrotherapy pool is subject to a capacity of 12 persons per swim session, which is subject to change as users book in

Bookings though Active World are essential.

Time	Mon	Tue	Wed	Thurs	Fri	Time	Sat	Sun
5.30am–6:30am	12	12	12	12	12		Closed	Closed
6:30am–7:30am	12	12	12	12	12		Closed	Closed
7:30am–8:30am	12	12	12	12	12	7-8am	12	12
8:30am–9:30am	12	12	0	12	0	8-9am	12	12
9:30am–10:30am	0	0	0	0	0	9-10am	12	12
10:30am-11:30am	0	0	0	0	0	10-11am	12	12
11:30am–12:30pm	0	0	0	0	12	11-12pm	12	12
12:30pm–1:30pm	0	0	12	0	12	12-1pm	9	12
1:30pm–2:30pm	0	0	10	0	8	1-2pm	9	12
2:30pm–3:30pm	0	12	0	12	0	2-3pm	9	12
3:30pm–4:30pm	0	0	0	0	0	3-4pm	12	12
4:30pm–5:30pm	0	0	0	0	0	4-5pm	12	12
5:30pm–6:30pm	12	0	12	0	0	5-6pm	12	12
6:30pm–7:30pm	12	12	12	12	0	6-7pm	12	12
7:30pm–8:30pm	12	12	12	12	12		Closed	Closed
8:30pm–9.30pm	12	12	12	12	12		Closed	Closed

Lap Lane Etiquette

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Lap Lane Availability

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